## To Our Patients Regarding COVID-19

The overall health and well-being of our patients, physicians, and staff is our top priority at Southwestern Foot and Ankle Associates, P.C. (SWFAA). We are closely monitoring the COVID-19 (Coronavirus) situation for the health and safety of every one at SWFAA.

In addition to our normal protocols, we have heightened our disinfecting and cleaning processes. We are also working to limit the time our patients spend in the public areas of our office. To help us expedite our check-in process and limit your time in the lobby, please complete all forms prior to arriving to your appointment.

## Please know that if you are ill or NOT feeling well, please stay home. Also please inform our staff if you have been traveling to other states in the past 3-5 days.

We encourage everyone to take the following precautions to prevent the spread of the cold, flu, or other viruses:

- Wash your hands frequently with soap and water for at least 20 seconds.
- Use a hand sanitizer with at least 60% alcohol as an alternative.
- Stay home if you are ill to prevent the spread of the disease.
- Cover your cough/sneeze with your arm or a tissue (then dispose it).
- Avoid touching your face (eyes, nose and mouth) with unwashed hands.
- Avoid close contact (within 6 feet) with anyone who is sick or showing symptoms.
- Clean and disinfect frequently touched objects (cell phones, pens, doorknobs, etc.).
- Wear masks as needed.
- Do Not shake hands as a greeting.

It is important that we all educate ourselves through credible sources, such as the Centers for Disease Control (CDC) and the World Health Organization (WHO), as this situation develops. We must all be cautious of our own health and the health of our loved-one and neighbors during this time.

Thank you for your patience and cooperation as we continue to monitor this situation for the health and safety of everyone at SWFAA.